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moments with us.



For a change, enjoy a bird's eye view of the Interlaken holiday region. Paragliding lets you sneak a peek at breathtaking views of the vast mountain and lake scenery.



IN TOLKIEN'S FOOTSTEPS

J.R.R. Tolkien is said to have come up with the idea for Riv-endell in Lord of the Rings after hiking in the Lauterbrunnen valley. And no wonder: there are no fewer than 72 waterfalls gushing in this



FAIRY-TALE CASTLES BY THE LAKE

Right on the shores of Lake Thun are five magnificent castles with spacious grounds, the perfect setting to experience the life of the nobility in the turbulent Late Middle Ages.





around Interlaken, with opportunities to enjoy some stand-up paddling with magnificent views, a relaxing lunch on board a cruise ship, a refreshing dip, or a sailing course.



ADELBODEN - LAND OF SCOOTER BIKE RUNS

A fun way to experience the legendary Adelboden landscape and take in the views is to travel the 45 km of scooter bike runs along seven exciting routes. A great summer experience for all the family.



ISLAND LIFE

The car-free St. Peter's Island on Lake Biel is certainly idyllic. The hike from Erlach through the nature reserve to the historical Kloster hotel is both pleasant and relaxing.

How does the cheese get its holes? The Emmental Show Dairy has the answer to this question - and lots more to do with the manufacture of the famous Emmentaler AOP



(13) GSTAAD

BIEL/BIENNE

KANDERSTEG

ADELBODEN



THE PEACE AND QUIET OF NATURE

Enjoy a delicious fondue in the heart of Gstaad's

mountain scenery, cour-

tesy of the vintage-look fondue backpack and

seats shaped like four

giant fondue pots. Enjoy!

1 INTERLAKEN

LAUTERBRUNNEN

A BALLENBERG VISIT

The Ballenberg Open-air Museum is an opportunity to experience Switzerland up close. Discover more than 100 historical buildings, enthralling crafts, farm animals, and traditional gardens.



URBAN SWIMMING

The Zytglogge (Clock Tower), the Parliament Building and the BearPark are all a must-see. As is a refreshing dip into the waters of the Aare river as it meanders its way around the UNESCO-listed old city centre.



HOLIDAY ACTIVITIES AT THE LAKE OESCHINEN

Whether it's hiking, boating or summer sledging, a trip to the Lake Oeschinen at the UNESCO World Heritage site is a unique



GRINDELWALD FIRST-

For that pure adrenaline rush, fly

the First Flyer and the First

Glider, balance along the First

Cliff Walk or race down the mountainside in a First Mountain

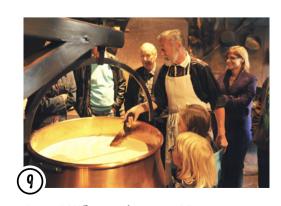
TOP OF ADVENTURE

Cart or on a trottibike.

JUNGFRAUJOCH-TOP OF EUROPE

Board the Eiger Express and Jungfrau Railway and travel up in complete comfort to Europe's highest railway station (at 3,454 m above sea level). Once there admire stunning, breathtaking views of a world filled with ice, snow, with sheer cliffs.





EMMENTAL SHOW DAIRY

Thunstrasse 8 CH-3005 Bern T +41 31 300 33 00 madeinbern.com cheese.

MADE IN BERN

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LAKE BRIENZ BY KAYAK

How about a change of pace from the piste? A winter kayak tour is an opportunity to enjoy peace and tranquillity, as well as views of snow-covered mountains from a completely different perspective.



ENGSTLIGENALP DREAM IGLOO

Fancy a fondue by candlelight at Europe's largest igloo restaurant? Followed later on by sweet dreams overnight inside a romantic accommodation igloo? It's all possible at the Engstligenalp winter wonderland.



ICE SKATING IN INTERLAKEN

The ice-skating setting of the ICE MAGIC Boutique Interlaken is a dream skating spot. Afterwards, why not warm up with a hot drink in the cosy Winter Lounge?

FLOATING ABOVE THE ABYSS

Crossing the Peak Walk by Tissot at Glacier 3000 genuinely is a once-in-alifetime experience. The 107 m suspension bridge is open all-year round.



RELIVING HISTORY

In Bern's 'Museum District' you'll find, among others, the Museum of Communication and the Bern Historical Museum. With their interactive exhibitions they are guaranteed to thrill and inspire all age groups.



SMALL, FAMILY-FRIENDLY SKI AREAS

Delightful ski areas in the alpine foothills such as the Axalp and the Niederhorn in the Interlaken holiday region are a treat for the whole





SKI WORLD CUP

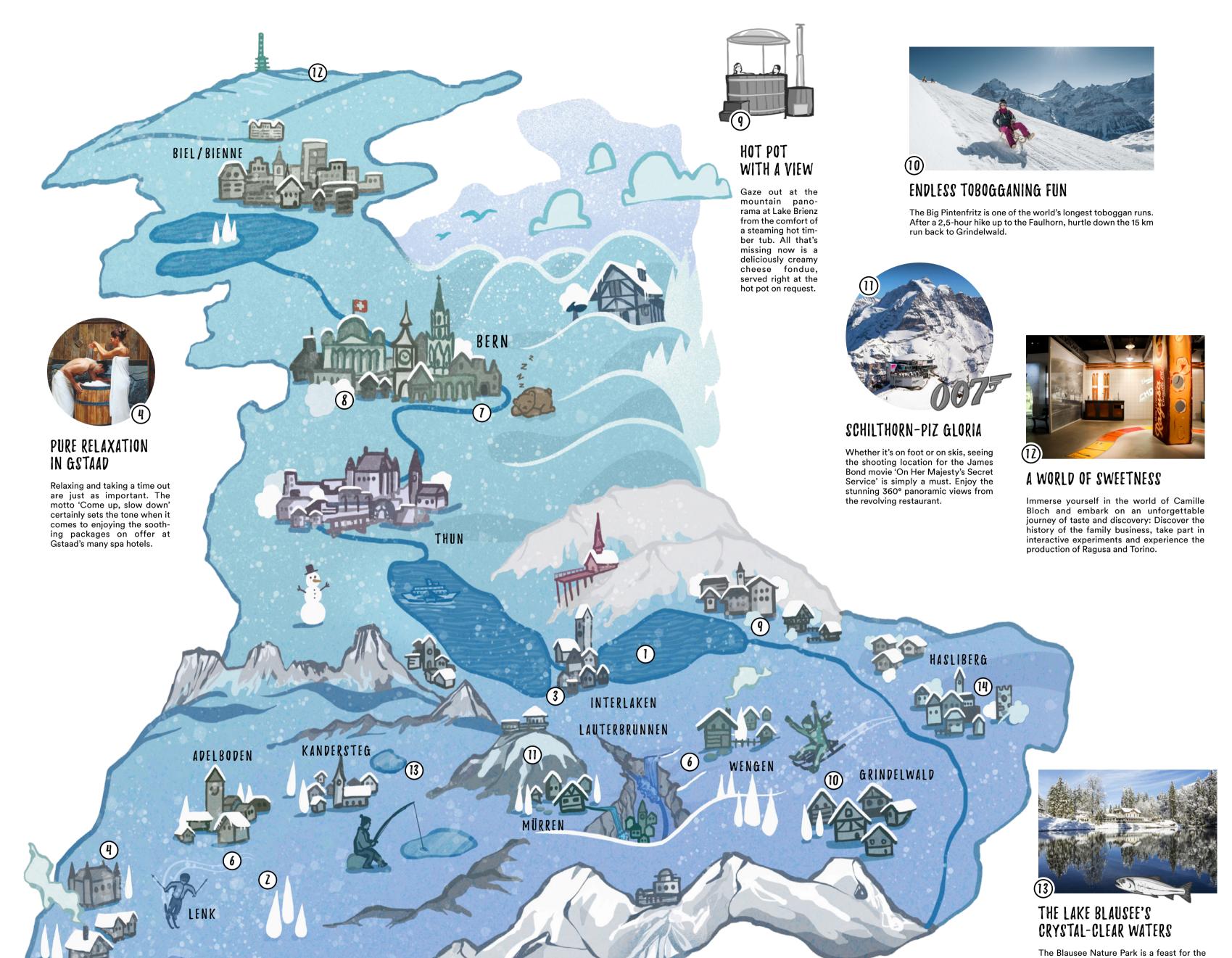
The FIS Ski World Cup races in Wengen (against a backdrop of Eiger, Mönch and Jungfrau) and on the 'Chuenisbärgli' in Adelboden are genuine crowd pullers offering world-class thrills.



BERN'S CHRISTMAS MARKETS

Aromatically spicy mulled wine and festively decorated stalls await not just at Bern's Sternenmarkt! Top tips: the Kambly Christmas market in Trubschachen and the Christmas market in Huttwil.

GSTAAD



THE FOUR LARGEST

More than 600 km of pistes and

state-of-the-art uplifts for the

best skiing fun around: Adel-

boden-Lenk, Gstaad, Jungfrau

Ski Region and Meiringen-

Hasliberg are Bern's four largest

SKI AREAS

ski areas.

So much to experience!

Welcome to the Region of Bern. Immerse yourself and experience its amazing diversity for yourself. madeinbern.com

Destination Bern is located in the very heart of

Switzerland. The federal capital with its

UNESCO-listed old city centre never ceases to

fascinate with first-rate museums and lots of

shopping opportunities under its famous ar-

cades (Lauben), totalling some 6 km in length.

In the countryside just beyond Bern you'll find

the picturesque Emmental valley with its splen-

did Bernese farmhouses and the ruggedly ro-

mantic Gantrisch Nature Park.

Destination Gstaad

Jura & Three-Lakes

Biel is the birthplace of Swiss watchmaking in-

dustry and the starting point for delightful crui-

ses. One popular favourite is the three-lakes

vineyards await to be discovered along your hikes and treks. The deep valleys of the Bernese

Jura are the ideal setting to relax and unwind in

the heart of nature and ancient traditions.

bern.com

gstaad.ch

Interlaken holiday region Destination Bern

Dream holidays come true in Interlaken, both as a destination and a starting point for excursions. Located between Lake Thun and Lake Brienz, at the foot of the Eiger, Mönch and Jungfrau, Interlaken is a paradise setting for outdoor adventures. And there's plenty on offer for those interested in culture too: count-

less castles, interactive museums, and stellar

interlaken.ch

Jungfrau Region

events guarantee plenty of variety.

The sheer diversity of the Jungfrau Region is For all its chic charm and subtle luxury, Gstaad nothing short of intoxicating: from the Swiss has succeeded in retaining its alpine authenti-Alps Jungfrau-Aletsch UNESCO World Heritacity as a destination. Traditions are there to be ge site to the famous trio of alpine peaks - Eiexperienced close-up. Besides culinary highger, Mönch and Jungfrau - to the charming lights at gourmet restaurants or in Fondueland mountain villages of Grindelwald, Wengen, Gstaad, the region is a popular wellness desti-Lauterbrunnen and Mürren. Plus: families holination too. Numerous top events round off the daying in the Haslital benefit from all sorts of holiday experience. special offers.

jungfrauregion.swiss

Adelboden-Lenk-Kandersteg

The hiker's paradise at destination Adelboden-Lenk-Kandersteg is ideal for children and grown-ups alike. Enjoy the mountain landscapes, water worlds, and all the good food at cruise. Picturesque winegrowing villages and the foot of the Blüemlisalp and Wildstrubel. For winter sports enthusiasts, Adelboden-Lenk boasts a first-class skiing area. So it's no coincidence the legendary Ski World Cup is held at the 'Chuenisbärgli'.

meine-berge.ch

<u>j3l.ch</u>

Looking for a perfect venue for your private or business event? The best address for meetings and events: <u>madeinbern.com/business</u>



senses: whether it's a spa and wellness treat, a romantic winter stroll or a tasty

locally sourced trout.

Meiringen-Hasliberg has lots of signposted

winter hiking trails and snowshoeing routes

for the young and the young at heart. Indeed,

few things are as satisfyingly enjoyable as the

sound of crunching snow in a stunning winter

HASLIBERG HIKING FUN

wonderland.

Quick and easy to reach

Thanks to Switzerland's dense public transport network, travelling in comfort throughout the Region of Bern could not be easier, whether it's to mountain peaks with breathtaking views, charming towns and mountain villages or scenic cruises.

madeinbern.com/travel



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